

	<p>Health Overview and Scrutiny Committee</p> <p>7 December 2015</p>
<p style="text-align: right;">Title</p>	<p>Member’s Item – Councillor Trevethan</p>
<p style="text-align: right;">Report of</p>	<p>Head of Governance</p>
<p style="text-align: right;">Wards</p>	<p>All</p>
<p style="text-align: right;">Status</p>	<p>Public</p>
<p style="text-align: right;">Urgent</p>	<p>No</p>
<p style="text-align: right;">Key</p>	<p>No</p>
<p style="text-align: right;">Enclosures</p>	<p>None</p>
<p style="text-align: right;">Officer Contact Details</p>	<p>Anita O’Malley – Governance Team Leader anita.vukomanovic@barnet.gov.uk – 0208 359 2205</p>

Summary
<p>The report informs the Committee of a Member’s Item and requests instruction from the Committee.</p>

Recommendations
<p>1. That the Health Overview and Scrutiny Committee’s instructions are required on whether to bring a detailed report to a future meeting, receive a written briefing or take no further action.</p>

1. WHY THIS REPORT IS NEEDED

1.1 Councillor Trevethan has requested that a Member’s Item be considered on the following matter:

Member’s Item: Eating disorders in children and young people

In light of the continued squeeze on mental health budgets, and the deeply worrying findings of a Youth Select Committee Report on Young People's Mental Health (17 November 2015), including the figure of 75% of adult mental health problems excluding dementia commencing by the age of 18, I request that HOSC is provided with the following information:

- 1. What is the prevalence of eating disorders amongst young people (under 18 year olds) in Barnet? Is the prevalence increasing?*
- 2. What are understood to be the common causes of eating disorders and what research is taking place at a local or national level to identify possible causes and/or contributory factors?*
- 3. Information on a treatment plan/referral plan for a young person diagnosed with an eating disorder but not requiring inpatient treatment?*
- 4. At what stage/severity would admission to hospital be required?*
- 5. What are the long-term complications arising from eating disorders; and national rates of recovery and mortality?*
- 6. Does evidence suggest that suffering from an eating disorder increases an individual's risk of suicide and attempted suicide?*
- 7. What work is taking place to improve data on eating disorder prevalence and can we have a timescale as to when up-to-date data for England and for the local area will be published?*
- 8. How important is early diagnosis in patient outcomes and what factors would assist early and correct diagnosis?*

Youth Select Committee Report on Young People's Mental Health:

<http://www.parliament.uk/business/news/2015/november/youth-select-committee-report/>

2. REASONS FOR RECOMMENDATIONS

- 2.1 The Committee are requested to give consideration to the Member's Item and provide instruction as to whether they wish to receive a detailed report on the issue raised at a future meeting.

3. ALTERNATIVE OPTIONS CONSIDERED AND NOT RECOMMENDED

- 3.1 Not applicable.

4. POST DECISION IMPLEMENTATION

- 4.1 Post decision implementation will depend on the decision taken by the Committee.

5. IMPLICATIONS OF DECISION

5.1 Corporate Priorities and Performance

- 5.1.1 As and when issues raised through a Member's Item are progressed, they will need to be evaluated against the Corporate Plan and other relevant policies, such as the Health and Wellbeing Strategy, and the Barnet Joint Strategic Needs Assessment.

5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)

5.2.1 None in the context of this report.

5.3 Social Value

5.3.1 Members Item's provide an avenue for Members to request Officer reports for discussion within a Committee setting at a future meeting.

5.4 Legal and Constitutional References

5.4.1 The Council's Constitution (Meeting Procedure Rules, Section 6) notes that a Member (including Members appointed as substitutes by Council will be permitted to have one matter only (with no sub-items) on the agenda for a meeting of a Committee or Sub-Committee on which s/he serves. Members items must be within the term of reference of the decision making body which will consider the item.

5.3.2 There are no other legal references in the context of this report.

5.5 Risk Management

5.5.1 None in the context of this report.

5.6 Equalities and Diversity

5.6.1 Member's Items allow Members of a Committee to bring a wide range of issues to the attention of a Committee in accordance with the Council's Constitution. All of these issues must be considered for their equalities and diversity implications.

5.7 Consultation and Engagement

5.7.1 None in the context of this report.

5.8 Insight

5.8.1 The process for receiving a Member's Item is set out in the Council's Constitution, as outlined in section 5.4 of this report. Members will be requested to consider the item and determine any further action that they may wish in relation to the issues highlighted within the Member's Item.

6. BACKGROUND PAPERS

6.1 E-mail to Governance Officer dated 24 November 2015.